

EVERYDAY BALLET CODE OF CONDUCT

Everyday Ballet offers a community in which learning ballet and sharing our love of this amazing art form happens in an atmosphere of kindness, respect, and compassion. Accordingly, whether in the studio, theater, or any place we are gathered as a community, we ask all dancers to observe the following:

1. Studio Etiquette.

- a. **Talking.** It's important that our classes and rehearsals remain free from distractions. Please do not talk over the instructor and refrain from conversations during classes and rehearsals.
 - b. **Personal Space.** Be mindful of your fellow dancers, being careful to leave space between you (at the barre and in the center) to avoid collisions. If you are unsure of the choreography when doing sequences in groups or across the floor, place yourself at the back to allow other dancers space to move without bumping into you.
 - c. **Cellphones.** The use of cellphones during class or rehearsal is prohibited unless permission is given otherwise. You may take photos and videos before and after class and rehearsals as time permits. If you have obtained permission to record during class or rehearsal, focus only on yourself unless otherwise agreed upon. Also please remember to silence your cellphone upon entering the studio.
 - d. **Personal Property.** Keep personal belongings contained and out of the way of fellow dancers. Everyday Ballet is not responsible for any loss or damage to personal property.
 - e. **Studio and Theater.** Respect our studio and theater spaces by picking up after yourself and disposing of all waste appropriately.
2. **Dressing Room Etiquette.** Our dressing room space is very limited. Kindly leave the dressing room when you have finished getting dressed so that all dancers can use the space. Warming up, chatting, stretching, fixing your shoes, etc., should be done in the studio or hallway, so that the dressing room is free for dressing.
3. **Rehearsal Etiquette.** When rehearsing for a performance, we all need to support each other! Remember that everyone learns at a different pace, so please be patient

with your fellow dancers if they forget choreography or make a misstep that impacts your dancing. It is okay to feel frustration, but it is not okay to take it out on your fellow dancers. If you feel so inclined, you may offer to go over the steps and try to be supportive. If you are having an issue, speak with Tiekka privately about it so that she can help. NEVER criticize the dancing of a fellow dancer to other community members. This kind of behavior is detrimental to the spirit of our community and will not be tolerated.

4. **Social Media.** We welcome your sharing on social media, keeping in mind the following:
 - a. Do not share images or videos of people other than yourself unless you have received permission from them to do so.
 - b. Everyday Ballet videos, music, syllabus, and choreography are copyrighted content. Accordingly, please obtain permission from Tiekka for videos featuring Everyday Ballet content that exceed one minute.
 - c. Always tag Everyday Ballet in your posts:
 - i. Instagram [@everydayballetfitness](#)
 - ii. TikTok [@everydayballet](#)
 - iii. YouTube [@everydayballet](#)
 - iv. Facebook [@everydayballet](#)

5. **WhatsApp.** You are welcome to [join the Everyday Ballet WhatsApp group chat](#) to stay informed about events, workshops, and classes, as well as to share ballet-related information with one another. There are subgroups for each class level for announcements and information specific to that group. You are invited to be part of the Everyday Ballet group chat with the following guidelines:
 - a. **Privacy.** Members' contact information is not to be shared outside the group for any purpose without their permission. Likewise, members should not share personal information they do not wish the entire group to know.
 - b. **Keep It Ballet-Related.** Information shared in the Everyday Ballet group chat should be related to Everyday Ballet, ballet topics and questions, and community-wide events and invitations. The group chat is NOT a place for keeping up with individual relationships or external situations. Texting with individual ballet friends should happen outside the group chat.

- c. **Keep It Positive.** Please share information, laughter, and kindness! Remember that gossip, grievances, and venting do not belong in the group chat or community space. Reach out to Tiekka privately if you wish to discuss an issue or situation that is negatively impacting you or the community.
- 6. **Inclusivity.** Our ballet environment is about our *shared* experience. Everyday Ballet activities and events are to be *inclusive* at all times, whether at the studio, theater, virtually, or any place we are gathered for an organized outing.
- 7. **No Disparagement.** We welcome friendships that form through shared experiences at the studio! However, any issues, friction, or disputes that arise from external situations and individual relationships are to remain outside the studio and the Everyday Ballet community. Refrain from gossip and do not share private information, grievances, negative comments, or derogatory opinions about fellow dancers to other members of the community. Always be courteous and respectful to fellow dancers.
- 8. **Let Us Know.** Please message Tiekka privately with any issues or concerns related to Everyday Ballet. We are committed to providing a positive environment for learning and loving ballet, and we value your feedback. Anything you share will be held in strictest confidence.

We hope the above helps all our dancers to feel cared for, respected, and welcome. We can't wait to witness and share in your ballet journey!

I have read the Everyday Ballet Code of Conduct and agree to abide by its terms as a condition of my participation in Everyday Ballet and all associated dancing and social activities.

Print Name: _____

Signature: _____

Date: _____